

Lambeth and Southwark conference on tackling health inequalities among Black and Minority Ethnic Communities. (BMEC)

Theme: "Understanding the health realities of our community".

Free one day conference

Friday, 05 February 2010, 9.30am – 3.30pm

InSpire – The Crypt at St Peter's Church, Liverpool Grove, Walworth Road, London, SE17 2HH (near Abbey Bank, Walworth Road).

Information about availability of local services is major concern for service users accessing health related services. The question of when professionals should provide appropriate information about new projects in Lambeth and Southwark have been the subject of discussions as the Government published different white papers on Health improvement initiatives. In January 2008, the government set out its plans to combat the rising levels of obesity with its ambitious Healthy Weight Healthy Lives strategy for England.

The strategy made clear the steps that government wants healthcare practitioners, alongside authorities, schools and the whole of public services to take, to ensure that not only are levels of obesity halted and reversed, but also that families and individuals are supported in a move towards adopting and sustaining healthier lifestyles. Similarly, Lambeth, Southwark and Lewisham African Communities Primary HIV Prevention Programme were commissioned in 2007 by Lambeth, Southwark and Lewisham PCTs to address the high HIV prevalence rates, stigma and discrimination among African communities in South East London.

Now that the services are available, what does it mean for you and the local community you work with? How can you use these services to help you make decisions in the best interests of diverse communities we serve?

This important conference will bring together practitioners and policy makers in the field of health and wellbeing to discuss how to access some of the services and activities across two boroughs. Delegates will be able to ask questions and take part in discussions that will help to increase their practical knowledge of local services. They will also have an opportunity to discuss how to develop successful collaborative ways of working that always put local community's best interests first.

Topics to be covered include:

- Obesity and pregnancy – the challenges for health care professionals
- Maintaining a healthy weight – what are the issues
- Universal services and our community
- HIV Prevention Initiatives – prevention, public awareness, risk factors and roles of behaviour change
- Diet, health and Ethnic Differences
- Obesity – outlining and contextualizing the current situation and prevention initiatives
- Current social marketing initiatives – Change4life

Benefits of attending

- Hear professionals in the field highlight current services
- Understand the epidemiology, risk factors, cultural barriers, linguistic and beliefs factors militating against health and wellbeing of the BMEC
- Discuss prevention, management and evidence based research needs.
- Explore and share initiatives and good practice in improving the health of the community
- Develop a clearer understanding of Change4Life campaign and what this means when working with our diverse community

Who should attend?

- Members of the BMEC
- Professionals working with BMEC
- Community workers,
- Outreach workers
- Community leaders
- Any one who has an interest in health and wellbeing of the community

CONFERENCE SCHEDULE

9.30 - 10.00	Registration and networking
10.00 - 10.05	Chair's opening remarks - Rosie Dalton-Lucas <small>Healthy Southwark Partnership Manager / Southwark Health & Social Care</small>
10.05 - 10.20	Special guests of honour keynote addresses: Dr Ron Kerr – <small>Chief Executive of Guy's & St Thomas Hospital NHS Foundation Trust (Invited)</small> Simon Hughes – <small>MP North Southwark/Bermondsey (Invited)</small> His Worshipful, Cllr. Jeffrey Hook , <small>Mayor of Southwark, (Invited)</small> Dr Ruth Wallis , <small>Executive Director of Public Health, NHS Lambeth</small>
10.20 - 10.40	An overview of EHF activities by Godswill Udo , <small>Director - EHF</small>
10.40 - 11.10	Update on the current social marketing initiative–Change4life Lucy Thornton , <small>Social Marketing Manager, Dept of Health</small>
11.10 - 11.30	Diet, Health and Ethnic Differences – what are the issues – Azmina Govindji , <small>Consultant Nutritionist and Dietitian, Govindji Nutrition</small>
11.30 - 12.00	HIV Prevention Initiatives – prevalence, public awareness, risk factors and role of behaviour change - Jess Peck , <small>Sexual Health Commissioning Manager NHS Lambeth & NHS Southwark</small>
12.00 - 12.30	Obesity – outlining and contextualising the current situation and prevention initiatives in Lambeth – Dr. Bimpe Oki , <small>Assistant Director of Public Health, NHS Lambeth</small>
12.30 - 13.30	Lunch
13.30 - 14.00	Obesity and Pregnancy – the challenges for healthcare Professionals Dr Eugene Oten-Ntim , <small>Consultant Obstetrician, St Thomas' Hospital NHS Foundation Trust</small>
14.00 - 14.30	Maintaining a healthy weight in Southwark – what are the Issues, Christine Nolan , <small>Senior Health Promotion Specialist, NHS Southwark.</small>
14.30 - 15.00	Panel discussion (interactive and participatory open session for conference delegates to ask guest speakers questions based on their presentations)
15.00 - 15.30	Summary and evaluation
15.30	End

BOOKING FORM

please complete one for each place you wish to book. Places are limited and will be allocated on a first come, first served basis. Please return the completed booking form by **29th January 2010**

Name:.....

Position:.....

Organisation:.....

Address:.....

..... Post Code:.....

Telephone:..... Fax:.....

Email:.....

Dietary Requirements:.....

Special Needs:.....

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